



## LOWESTOFT & WAVENEY BREASTFEEDING SUPPORT

### **Lowestoft and Waveney Breastfeeding Support Breastfeeding Cafés and Perinatal Mental Health Drop in Code of Conduct**

The IBCLC's and volunteers facilitating Lowestoft and Waveney Breastfeeding Cafés and Perinatal Mental Health Drop in are responsible for making sure the environment is safe and responding to safeguarding concerns.

Our Safeguarding lead is responsible for listening to and responding to concerns, attending relevant training, ensuring that everyone is aware of the policy and its contents, and regularly updating the safeguarding policy.

The Breastfeeding Cafe is a space to receive feeding support from trained volunteers. It also provides peer support and a space for socialising. Babywearing support may be available in some of the cafes. The Perinatal Mental Health Drop in is open to all families regardless of feeding method and is for peer to peer support for families struggling with mental health.

The breastfeeding support, babywearing support and perinatal mental health support offered during sessions is free. Donations can be made at the Cafe or [Donate | My Site \(lowestoftandwaveneybreastfeeding.co.uk\)](https://www.lowestoftandwaveneybreastfeeding.co.uk). These donations enable us to run the support groups, train volunteers and continue to provide drinks at some venues.

Parents are responsible for their own children at all times.

Parents are asked not to take photos or videos in the Cafe setting.

All drop ins may have children with allergies attending. Please do not allow your child to walk around with a snack. This will help us to keep all children safe as well as keeping the venues tidy.

Any concerns should be brought to the Cafe leader's attention.

If any Cafe volunteers are unwell and therefore unable to run the session then we will need to cancel the Cafe. We will post on our Social Media sites as soon as possible to update families on any cancellation.